

FHU PREVENT-HF

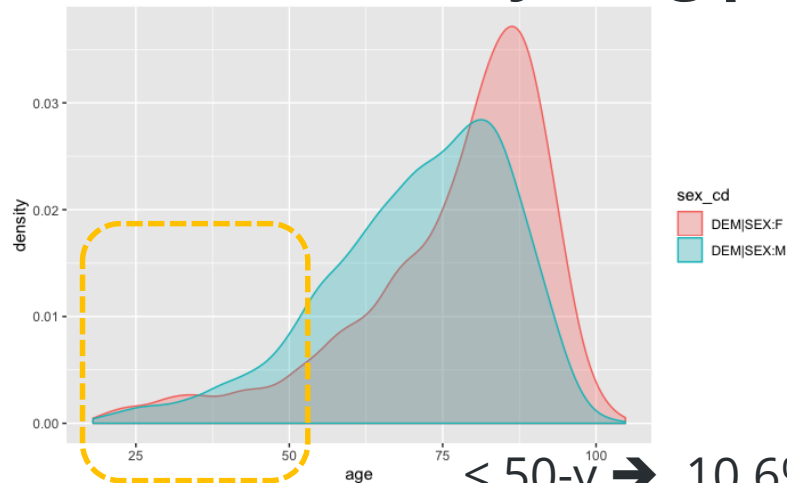
Predict & Prevent Heart Failure in Young Subjects

Pr Jean-Sébastien HULOT,
*Project coordinator,
DMU Cardio-vascular, Renal & Transplantation
(CARTE), APHP.centre
Paris Cardiovascular research center - HEGP*



Why PREVENT-HF ?

➤ To create a care, research & educational program dedicated to HF in young patients (from ≥ 15 to ≤ 50 -y)



Data WareHouse APHP.centre / HEGP : HF registry

- ▶ 11 871 patients
- ▶ Mean age : 73.3 ± 15.7 [min 18 – max 105]

▶ HFrEF 43.6% HFmEF 11.0% HFpEF 45.4%

- **Different forms of HF**
 - Largely with reduced left ventricular ejection fraction
- **Different outcomes**
 - Higher rates of sudden death
- **Different origins of HF**
 - Secondary forms ++, with mid- or long-term exposure to a stress factor
- **Different expectancies**

➤ Quality of life and number of years saved

Our priorities : Understand pathways leading to HF in young patients

Conditions leading to premature HF in young patients

Genetics

- Hypertrophic cardiomyopathy (*A Hagege*)
- Dystrophin-deficient cardiomyopathies (*K Wahbi*)
- Univentricular hearts (*D Bonnet*)

Mutatio
n

Vascular

- Severe arterial hypertension (*M Azizi, PL Tharaux*)
- Secondary hypertension (*MC Zennaro*)

Vascular

Severe Obesity

- Obesity (BMI>35) in young adults (*C Carette*)

Metabolic

Cardio-Oncology

- Cancer in young adults (Hemopathies, breast, kidney, osteosarcomas)
- Radiotherapy & Anti-K drugs (*M Mirabel*)

Toxic

CC H EGP NC K

1. Patients at risk ?
2. Patients trajectories ?
3. Pathophysiological processes :
 - Immunity ?
 - Cellular metabolism ?
 - Endothelial dysfunction ?
4. Interventions ?

Youngs
< 40y



Heart failure
< 50y



Our program

Patient Cohorts:

- Phenotypic & Biological characterization
- Outcomes & events
- Database & Big data

WP1. Epidemiology

- Cohorts & follow-up (*CIC-EC*)
- Sudden death (*X Jouven, JP Empana*)
- Big Data Handling & AI (*Fealinx*)

WP2. Imaging & function

- Cardiac imaging: MRI (*E Mousseaux*), Nuclear (*B Tavitian*)
- Echocardiography (*A Hagege*)
- Vascular imaging (*P Boutouyrie*)

WP3. Biology

- Genomic analysis (*N Bouatia-Naji*), Molecular kits (*BforCure*)
- Endothelial markers (*C Boulanger, A Eichmann, E Camerer*)
- Immune cells (*JS Silvestre, L Mauge*)
- Metabolism & Mitochondria (*T Wai*)
- iPSC-derived CV cells & modeling (*JS Hulot*)
- Biobanking (Blood, Urine, Tissues, Stools)

Therapies:

- New drugs
- repurposing
- Diagnostic tools

WP4. Therapeutic innovations

- Clinical investigations center 1418 (*CIC-P*)
- Emulated trials (*S Katsahian*)

Real-life data

- remote monitoring

WP5. Telemonitoring

- Connected T-shirts / devices (*JS Hulot / Bioserenity*)
- Online consultation

Identify the patients at risk
Define diagnostic and prognostic biomarkers
Understand the pathways

Evaluate innovations

Assess real-life impact

Strong partnership between Clinicians, Academics and Industrials

AP-HP.Centre - Université de Paris

14 Medical teams
(9 DMU CARTE)



3 start-ups :
Télémonitoring &
connected devices
IA & big data analysis
Microfluidics & molecular
biology



12 research teams
(11 PARCC + 1
Pasteur)



professionnels
+ de 1 800 000
prises en charge
AP-HP.Centre
Université de Paris